



Bits & Pieces

GFWC Vernon Township Woman's Club—Highlands District
Volume 6, Issue 5
May 2016

May 26 — General Meeting
Program: "In Our Own Voice" - NAMI Speakers

Bring to the Next Meeting (5/26/16)

- Community Outreach Donation
- Travel-sized toiletries
- Cardboard/Poptabs
- Outreach Donations
- Labels for Education
- Boxtops for Education
- Stamps
- Greeting card fronts
- Coupons
- Guests

May Hostesses

Fran Weiss
Pat Barr
Roberta Bootsma
Barbara Flmia

PRESIDENT'S MESSAGE

Dear Ladies,

May is a beautiful month. The flowers are blooming, the grass is bright green again, and the birds all returned! One of our feathered friends was setting up residence atop my porch light, but I evicted her to avoid a house fire!

Springtime brings a new beginning to so many things, including our wonderful club. It is my honor to take the helm as president for the next two years. I look forward to working with all of you to continue providing services, comforts and necessities to the wide range of people that we reach.

Every small deed has a large impact on some segment of the population, from our brave soldiers to our high school students to the women and children who are victims of abuse. Their lives are a little brighter thanks to your dedication and warm hearts. At our May meeting, we will learn first-hand how NAMI's mission has improved the lives of individuals challenged by mental illness. I'm sure it will be a moving presentation.

See you then!

— *Lisa*

COMMUNITY OUTREACH PROGRAM

Maureen Blandino

This month we are collecting items of your choice for donation. Please bring donations to the meeting. Thank you for your continued support!!

PUBLIC AFFAIRS

Lois Marples

With Memorial Day right around the corner, let us all pause to remember the men and women who served our country so faithfully so that we can have freedom today.

When traveling, I found this interesting information about flying 'Old Glory' in your yard at a Cracker Barrel Store. Patriotic holidays like Memorial Day, Flag Day, Independence Day, and Veteran's Day you can inspire proud Americans across the nation to show their patriotism by displaying the American Flag.

The Flag Code

"The federal law known as the "Flag Code" establishes a guide for handling and displaying Old Glory. If you'll be showing your American pride this year by displaying the flag or decorating with bunting, here's a thumbnail review of the code's guidelines so you can be confident in all you do:

- It's OK to display the flag 'round the clock, but you should illuminate it during nighttime hours. If you're not able to light the flag at night, the code recommends displaying only between sunrise and sunset.
- Hoist it briskly and lower it slowly and ceremoniously.
- Be sure to bring your flag in out of rain or snow - unless it's made of an all-weather material, in which case it's okay to leave it out in inclement weather.
- If you would like to display a flag on your car or truck, affix it to the chassis or clamp it to the right front fender.
- Many Americans are also proud of their ethnic origins and may choose to display the flag of their heritage along with the American Flag. That's fine; just be sure that the U.S. flag is displayed higher up, or if the flags are on the same level, the other flag should be placed to the left of the American Flag, never to the right.
- The blue and white stars field - known as "the union" - should always be up: at the top of the flag if it's on a staff or pole, uppermost and to the observer's left if the flag is being displayed horizontally or vertically against a wall. Displaying the flag with the union down is a signal of dire distress and reserved for instances of extreme danger to life or property.
- The flag should be kept from touching the ground, floor, water or anything beneath it.
- Flag-themed decor can add a welcome patriotic touch to your home, but it's best not to get carried away and use the American Flag as bedding or drapery.
- Bunting is an acceptable patriotic display; arrange it with the blue portion at the top, the white in the middle and the red at the bottom.
- When a flag becomes worn and is in such a condition that it is no longer a fitting emblem for display, it should be destroyed in a dignified way. One way to do that is to give the flag to a local VFW for proper disposal.

*(4 U.S.C § 4-10)

Election Day

June 7, 2016, is the New Jersey Primary Election. Please don't forget to vote, as voting is a great American privilege and responsibility.

MILITARY SUPPORT

Lois Marples

Bags of cards with stamps will be delivered to East Orange VA Hospital for the veterans. This is part of our NAMI project.

We will continue to collect cell phones for our "Cell Phones for Soldier's" project. I received more from Mountain Creek this month. We will also continue to collect coupons for H.O.M.E., Crossword puzzles for East Orange VA Hospital, and handmade hats for Wounded Warriors.

Thank you to all who have helped in any way to help our military and veterans. They all appreciate our help.

FUNDRAISING

Lois Marples

I would like to thank everyone who helped in any way with fund raising during the past two years. With your help we have raising the monies needed so that we may make donations to our various charities. This is what makes the GWFC Vernon Township Woman's Club a great club.

Thank you.

Below are a few pictures from the garage sale.

We had a great time at Heaven Hill!



Reminders/Announcements

- Please remember to keep track of all your volunteer hours and any supplies you donate to the club. Club year is January—December.
- Newsletter information should go to Anne Whitty by the **11th** of each month. Please let Anne know of any milestones in your life so I can include them in the newsletter!

NJSFWC Website: The NJSFWC website is packed full of information. All members can create an account and have access to the entire site. Go to the website www.njsfwc.org and create an account. You will need to enter personal information and a User Code as an identifier for Club Members.

The Correct User Code is WnufMXEtRW2m9uT (case sensitive)

ONGOING COLLECTIONS

- Men's Shelter** — Travel-sized toiletries
Greenfield Boys — Toothpaste/toothbrushes, bar soap, work socks, work gloves and lip balm.
DASI — Children's DVDs (new or used)

Happy Birthday

Judy Filippini	May 23
Elaine Kuntz	May 28
Barbara Mracek	May 29
Barbara Fimia	May 31

Margaret Conti's Friends:

May: Elaine Kuntz
 June: Elaine Hossfield
 Maria Dorsey

Margaret Conti
 Seabo House
 Vineland Development Center
 1676 East Landis Avenue
 Vineland, NJ 08360

Reminder: The cost for Margaret's cards, gifts, etc. each month is the responsibility of the "friend" member. Our budget does not have any monies allocated to reimburse for postage, etc. Thank you for understanding.